

UPROOTING REJECTION #4: Rejection Reactions

Psa 27:10

Intro: We are looking at the principle of rejection in people's lives: Disapproval/lack of valuing

Rejection is the root of so many unhealthy/destructive emotions/reactions/mindsets/choices

We will be looking at the roots of rejection in order to bring freedom

Through supernatural deliverance and the power of truth we will find freedom to uproot rejection

Today: Looking at how people commonly react to rejection

I. REACTING AGAINST REJECTION

A. The most basic need in life is love: God created us for love

1. When we feel loved – it produces emotional/mental/spiritual & relational health

a. We are then able to receive and give love b. We process life through the lens of love

1. John 13:2-4

2. So the Devil ensures that we will be rejected: *Given the message that we are not loved/valued*

Rejection comes through other people. Mom, dad, friends, teachers etc.

a. That message that you are not loved is a lie! Because God loves us!

Have to get to a place where you understand, People don't determine our worth

1. Galatians 2:20 Paul... this is how I live my life, I am LOVED.

b. The lie of rejection (outside) produces lies inside of us

3. You can't receive a message of rejection and stay the same – it have no effect

a. I am stupid and worthless and you wish I was never born? OK – what's for dinner? Rejection marks us.

B. Human nature reacts against rejection – because it's such a violation against our being

1. People usually either accept rejection as being true – or they fight against it being true

a. Most people's lives are filled with their reactions to rejection

1. Relationship with God 2. Human relationships 3. Inner emotional/mental world

C. Look at some common reactions to rejection

1. **Being driven to perform:** *People can give us the message that we have no value/we can't succeed*

a. So the reaction of some is to be driven to win or succeed: *\$/sports/achievements/career*

It is good to want to succeed.. to move forward. Etc. danger is....

1. It's not just a desire to achieve – it's a desire to prove our worth/to prove them wrong

a. Story: Mountain climber. Climbed El Capitan solo. When he reached the top, he started shouting, "Are you proud of me now, Dad?" Shouting to someone not even there! If achievement is a means of gaining worth... you have a problem. No achievement will ever been enough.

b. But this means success or achievements are never satisfying

1. It's never enough: What's the dollar amount? Success measurement?

2. It doesn't change how we feel about ourselves always being a haunting voice, you could have done better.

c. Some people view the things of God as a means of proving their worth. **Disciple, pastor, singer, etc**

1. It's not about God or people – it's about showing their personal value

2. **Seeking counterfeit acceptance:**

a. The need for love/acceptance is so strong – we will search for it, even in destructive ways
1. Gangs/unhealthy friendships: They're dirtbags – but they accept me/want me with them

a. **Judges 11:3** *Jephthah, utterly rejected. Born from dad's side chick. Rebels don't reach up, they reach down.*

2. Sexual attention: *Through clothing* 3. Sexuality: *They want me – I must be valuable*
a. *Lady/very promiscuous: I hated how I felt after, & I didn't even enjoy the sex, but for a few minutes I felt loved.*

b. *Men: Sexual conquests are a constant method of trying to prove manhood or worth*

1. *Serial adulterers* 2. *Serial fornicators*

4. Pornography: *The lure of pornography is not just boobs & bums*

a. In some it is a craving for intimacy – value by connection; A form of false intimacy

Sometimes it is avoiding intimacy. What if they reject me. Porn, I avoid this. No mess. Simple. No vulnerability.

5. Homosexuality: *A twisting of your identity – and where you gain value*

a. *Sexual violations: Formative sexual experiences are often not 'normal' boy/girl*

b. *Hard to please/demanding father/mother* c. *Sexual Abuse: I rebel against that – in unhealthy*

ways

d. *Your gender being rejected: Dad wanted a boy/mom wanted a girl*

1. *I'm accepted by people like me* 2. *I want the love a man/a woman*

Point: for some people these are reactions. Roots.

II. BEING DOMINATED BY REJECTION

A. Rejection is an assault on your value/worth: *An assault on your pride*

1. Our reaction to rejection is often to enthrone pride – to make our pride a god

a. It is the most important factor in life: *It rules every area of life*

2. Rejection affects your viewpoint – how you see things

a. **Titus 1:15**

1. How we see ourselves – how we see others – how we see God

b. Rejection glasses: *Everything is dim – something is wrong with all of you! You're drab/colorless*

3. Rejected people view everything as a vote on their worth – as an assault on their worth

a. Rejection dominates every area of life: *We view everything through this lens*

4. The most common reaction to rejection is interpretation: *Assigning meaning to words or events*

Traffic. Looks in church. Looked at me, didn't look at me.

a. Having believed lies of rejection – we interpret and assign lies to everything

B. Look at some of the lies of interpretation

1. **Rejected people are easily offended:** *Every word/action is an approval/assault on their worth*

a. Road rage: *Attack kill people over a lane change...they're doing it to disrespect you!*

1. Angry people are often rejected people: *There is pre-existing, underlying anger at past rejections*

a. **Genesis 4:23-24** L

- b. Words: *What did you mean by that?* c. Looks: *Are you looking at me? Are you ignoring me?*
- d. Actions: Or lack of actions; *Lady in SA – why do you hate me? You walked past & didn't shake my hand*
- e. Events: Things happen in life; When they are negative – it's a vote on our worth *Flunk test=commit suicide.*
 - 1. *Insecure Pastors are tormented: Attendance – it's personal!*
- 2. **Rejected people accept false guilt: Every negative event in life – is my fault**
 - a. *I must not measure up – because something didn't work out/something went wrong*
 - 1. *Events out of our control: Weather...rain washed out the outreach; Economy; I'm a worm...*
 - 2. *People: People's salvation Children's salvation/sin*
- 3. The problem with lies is that they produce emotion: *Anger/hurt/anxiety/sadness...*
 - a. Because we feel things – we assume that means it's true! **Rejection puts down roots into your soul.**

III. HEALING REJECTION REACTIONS

- A. If rejection causes us to enthrone pride:
 - 1. We need to repent of pride/enthroning pride
 - a. *James 4:10*
 - 1. *I recognize this is wrong*
 - 2. *I see that not everything in life is about me & my worth!*
- B. We need healing and deliverance from rejection
 - 1. Ask God for healing and cast out that tormenting spirit
- C. We need to ask God to enable us to see things clearly and correctly
 - 1. *Matthew 20:32-34*