

UPROOTING REJECTION #2 Rejection and the Home Part 1”

Psalm 27:10

Intro: We are looking at the principle of rejection in people’s lives: Disapproval/lack of valuing

Rejection is the root of so many unhealthy/destructive emotions/reactions/mindsets/choices

We will be looking at the roots of rejection in order to bring freedom

Through supernatural deliverance and the power of truth we will find freedom to uproot rejection

Today: The most common place rejection occurs is in the home (or lack thereof) – God can heal us

here

I. REJECTION IN THE HOME

A. God has designed family to be the foundation of human relationships & personality

1. Family/home is meant to be a place of acceptance

a. Children run to/cling to parents – accepted here: *We’re supposed to get acceptance here primarily*

2. In a perfect world – this is what a family should be:

a. Both Father and mother (man/woman!) b. They would want the child

c. They would raise the children (*presence/provision/instruction*) d. They would love the children: *With words and affection*

e. They would accept the child: Love is not based on performance

3. When this is present in healthy family/relationships - this provides powerful things inside a person

a. Identity: *Who you are* b. Confidence: *Based on your worth/your value – as you see yourself*

c. Reference points: *What am I supposed to do/be?* d. Boundaries: *How much is too far/unacceptable? You learn how to act. You can act like that. You will control your emotions... etc. All of this is the perfect world. IF father/mother are there. Do this. They have a great advantage.*

B. But this is not what happens in many people’s lives

1. The home can be the place of the first rejections – the greatest rejections in all of life

a. **Psalm 27:10 NLT**

1. The Bible tells stories of family rejection: Because it is common

2. Look at some of the many ways rejection comes in the home

a. **Birth circumstances:** The birth not being wanted

1. Unwanted pregnancy: Age/Affair/incest/rape...finances/life plans given up for adoption

a. *This is actually felt in the womb!*

2. Disappointment over the child’s sex: *I wanted a boy/I hate men...*

b. **Inherited rejection:** Parents with a root of rejection pass it on spiritually and literally

1. I would suggest that you have mercy on your parents: *They often didn’t know any better!*

c. **Abandonment:** A parent that leaves the children

1. Won’t raise after pregnancy 2. Run away: *Stress/affair/selfishness* 3. Divorce: *I can’t take it – so I leave you*

a. *Rapper: My drug addict father would say he was going to pick me up/spend time with me – didn’t: Addicted to drugs. HE CHOSE DRUGS OVER ME – HE LOVED DRUGS MORE THAN ME!*

d. **Addictions:** Alcohol/drugs/pornography

1. *Create a failure to love/meet needs* 2. *Instability* 3. *The message that the drug has more value*

e. **Abuse:** Violence/verbal/sexual

1. These attack your worth 2. They give a false/twisted message of your worth: *Only good for sex*

f. **Harsh words:** *What good are you? You're stupid/worthless/I hate you/I never wanted you/wish you were never born*

1. Abuse is deliberate 2. Harsh words are an overflow of what's going on in their lives

g. **Withholding love:** Parents who do not physically demonstrate love for their child;
Affection/gifts

h. **Inability to express love:** No words of love/value/acceptance

1. Coldness/inattention: *The parent is just there – but never speaks/interacts with the child*

a. *I'm sure my father/mother loved me – they just never said it. They never showed it.*

i. **Demanding/hard to please:**

1. Performance based: *I will love/accept you if you do right/win/succeed...*

a. *Big problem; We don't always do right/win/succeed...so what then?*

2. Some children can never do enough to please their parents

a. *Young man came in 2nd place in a state track meet: His dad said, How does it feel to be the 1st loser?*

j. **Favoritism:** When a parent blatantly prefers a sibling: *Why can't you be like your sister?*

1. *Jacob/Esau: Chaos b/c each parent had a favorite* 2. *Sibling rivalry/competition*

a. *Some parents encourage this: It will help you get ahead in life! If I can win.. you will love me. Pull down. House of God... fight, pull down, out do, i'm going to win. Etc.*

C. All of these produce rejection: *A sense or feeling of rejection*

1. Rejection can be defined as a profound sense of being **unwanted/Unloved.**

a. *The word rejection means to be cast aside; to be thrown away as having no value.*

2. Rejection gives us the message: *We have no value/we don't fit/we don't measure up/something's wrong with us sense I life. This is what you take away from relationships. Pastoral. Parental. Friends. Spouse.*

Somewhere: you got messages of worth and value.

This was NOT gods plan. This is a result of the fall of man. SIN. Sin produces broken rejected people, they don't know how to fix it, then they pass that on to children. Cycle. On and on and on.

Good news is coming!

II. THE LIES OF REJECTION

A. The greatest danger of rejection is that rejection tells us lies. *Rejection is a message. It is a lie. Yet we believe it because of experience.*

1. The Devil's greatest strategy is to get us to believe lies! *Eve's life was changed when she believed lies*

a. *John 8:44*

2. Look at some of the lies rejection gets us to believe

a. **You have no worth** b. **It's your fault:** *Your parent left/divorced/you were abused*

1. *If you were a better child they wouldn't have done that*

2. People live with an overall feeling of guilt: *I don't deserve good/I deserve bad*

things

c. **Your worth is based on performance:** *I only deserve love if I perform well/do right I forgot to read my bible. Pray. Missed a service. Slept in. I didn't win!*

d. **You need to be perfect:** *Only if I am perfect will people not reject me again Having flaws is not a worth issue. Everyone has flaws. You do not need to be perfect.*

e. **Everyone in life will reject you like my parents did: Marriage. Fists up. Ready for a fight. You going to reject me.**

B. The primary result of rejection is an inability to receive or communicate love

1. Human relationships:

a. Some people struggle with communication: **The thought of saying things... it is in there.. but hard to get it out. That is unhealthy. That is bondage.**

1. They struggle with telling people they love how they feel about them.

2. You shouldn't let people know what's going on in you: *They might reject you if they knew!*

b. We can struggle with affection: Receiving it – don't touch me! It's sexual *What kind of creep wants to give a hug? Pervert!* Giving it: Our family **Some people need affection.**

1. *Gifts: I don't want to feel like I owe you anything Life like a score card. You paid last time... my turn. I don't like people showing value.*

2. Relationship with God: Unfortunately, we transfer our feelings toward parents onto God

a. Opposite of love is not hate – it is fear:

1. **1 John 4:18**

b. People can be saved – yet they live in fear in their relationship with God

1. I'm afraid God can't be trusted: *He will let me down*

2. I'm afraid I don't measure up in God's eyes: *He may give up on me when He sees what I'm REALLY like*

I said bad words. I didn't get up for prayer.

3. I have to perform in order to deserve or earn God's love

c. **Luke 15:29–30**

Classic christian. I have been working hard. Christians should work hard.

I have been doing right. Christians should be doing right.

But his thought. I am doing this so my father will accept me!