

## UPROOTING REJECTION #15: Healing rejection Part 2

1 John 4:18

Intro: We are looking at the principle of rejection in people's lives: Disapproval/lack of valuing

Rejection is the root of so many unhealthy/destructive emotions/reactions/mindsets/choices

Through supernatural deliverance and the power of truth we will find freedom to uproot rejection

Today: Looking at healing rejection – how to get free from rejection

### I. LOVE CASTING OUT FEAR

A. Rejection ultimately is an assault on love: *You are not loved – valued/accepted/worth loving*

1. The primary effect of rejection is centered on love

a. **Unable to give love:** *Do you say I love you/can you express love/appreciation/value/affection?*

b. **Unable to receive love:** *Compliments – we don't believe it; Uncomfortable with love/affection*

1. *Uncertainty: Human relationships – and relationship with God; I'm not good enough/He wouldn't like me*

2. **The answer for rejection is love!!**

a. We don't heal rejection by looking at the source of rejection – but looking at the source of love

1. **1 John 4:18** <sup>18</sup>*There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.*

B. Ultimately everything depends on the basis of Christianity: **God's love**

1. **1 John 4:16** <sup>16</sup>*And so we know the love that God has for us, and we trust that love. God is love...*

Bible is a book about God. IS love. Not that he has love... but IS.

a. The embodiment/the ultimate example

2. **God wants to have relationship with you!** **1 John 4:19** <sup>19</sup>*We love Him because He first loved us.*

a. The God of the universe was not happy to live without us: *Came out of heaven to bring us in the family*

1. Incredible effort was made/a price was paid to get you in His family

a. **1 John 3:1** *Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God:*

b. His love is not deserved or earned – it is given: **V19** *He first loved us!*

1. He knew what He was getting when He invited 2. He wants to help you when you have problems

c. **Ephesians 1:6-7** *to the praise of the glory of His grace, by which He has made us accepted in the Beloved. <sup>7</sup> In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace*

1. *Accepted: To give special honor/to be highly favored*

2. *In the beloved: We are viewed like Jesus was viewed – loved like he was; We are in God's family*

2. **God delights in you!**

a. **Zephaniah 3:17** *The LORD your God is with you; the mighty One will save you. He will rejoice over you. You will rest in his love; he will sing and be joyful about you."*

1. This is not merely tolerating – rejoicing! God is glad you're in the family: *Not just love – He likes you!*

3. **God wants to give you good things:**

a. **Romans 8:32** *He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?*

1. *Grandchildren: We are looking for ways to bless. See dresses in Cracker Barrel: Ellie needs that! Could live without – we love to give.*

b. Whatever need I have/situation I face: **MY HEAVENLY FATHER LOVES ME!! HE WILL HELP ME!!**

1. **Luke 12:32** *Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.*

C. The practical result of our identity in Christ is REST

1. We don't have to be afraid: I must earn/deserve/measure up/performance

a. **1 John 4:18** <sup>18</sup>*There is no fear in love; but perfect love casts out fear.*

### II. POSSESSING GOD'S LOVE

A. God's love is a fact: But you have a personal responsibility to make that real for you

Study: information alone does not help you. You must make this real.

1. **You need to ask God for revelation of God's love:**

a. **Ephesians 3:18-19** *may be able to comprehend with all the saints what is the width and length and depth and height-- to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.*

Pauls prayer: what does Paul pray. This is a miracle. I am praying for a miracle. You need to pray what Paul prayed...

1. Let it go from head to heart: *So it becomes yours! I know it! I experience it!*

My job to declare: *you job is to lay hold of it.*

2. **You need to document God's love:**

- a. Look at Jesus: How He treated people (not the Pharisees) *What did he say? What did he do?*
- b. Read/study and personalize: *That promise is for me – that is what God wants for me!*
- c. Write it down: **Habakkuk 2:2** <sup>2</sup>*Then the LORD answered me and said: “Write the vision And make it plain on tablets, That he may run who reads it.*

**3. You need to receive God’s love by faith:** *To receive God’s love is a choice of faith*

- a. The same way you got saved/filled with the Holy Spirit/Healed/provided: *It’s true – for me!*
    1. **1 John 4:16** *we have known and believed the love God has for us...*
- We should not live by other peoples opinions. This brings freedom.*

### **III. STEERING YOUR HEART**

A. The Bible speaks about the power of words

1. **James 3:4–5** <sup>4</sup>*Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires. <sup>5</sup>Even so the tongue is a little member and boasts great things...*

2. Your mouth is the rudder of your heart! The rudder of your life. If you are asking God for a miracle but not changing your mouth... won’t work.

a. What you say will affect your heart

1. **Proverbs 18:21** <sup>21</sup>*The tongue has the power of life and death, and those who love it will eat its fruit.*

a. Words are producing things in your heart/in your life!

3. You must stop saying things that are against the love of God: Your worth/identity

4. You must make your mouth align with the truth of God’s love

a. Jesus SPOKE his destiny out loud! **John 10:30** <sup>30</sup>*I and My Father are one.”*

1. **John 3:35** <sup>35</sup>*The Father loves the Son and has given him power over everything.*

**WHO GOD SAYS I AM:** *I am blessed with every spiritual blessing in Christ (Eph 1:3) I was chosen before the foundations of the world. (Eph 1:4) I am called to be holy and without blame in love. (Eph 1:4) I am adopted in Christ to Father God. (Eph 1:5) I am accepted in the family of God. (Eph 1:6) I am forgiven. (Eph 1:7) I have a wonderful inheritance. (Eph 1:11) I am sealed with the Holy Spirit of promise. (Eph 1:13) I have a hope and a calling. (Eph 1:18) I am alive. (Eph 2:1) I am seated in heavenly places with Christ. (Eph 2:6) I am God’s workmanship. (Eph 2:10) I am created for good works. (Eph 2:10) I have been brought near to God. (Eph 2:13) I am not separated from God. (Eph 2:14-18) I have access today to the Father! (Eph 2:18)*

B. Worship/gratitude

1. The power of hell is defeated by gratitude: *Vocally thanking God for good things He is/has done*

a. **Philippians 4:6-7** <sup>6</sup>*Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

1. People who do not know God’s love blame & complain
2. People who know God’s love worship & thank God