

UPROOTING REJECTION #14: Healing Rejection Part 1

Luke 4:18-19

Intro: We are looking at the principle of rejection in people's lives: Disapproval/lack of valuing
Rejection is the root of so many unhealthy/destructive emotions/reactions/mindsets/choices
Through supernatural deliverance and the power of truth we will find freedom to uproot rejection
Today: Looking at healing rejection – how to get free from rejection

I. HEALING THE PAST

A. The hope of the Gospel/serving God is freedom from the past!

1. The past does not determine your future: You are not doomed b/c of past rejection

a. **Luke 4:18-19 NLT** ¹⁸"The Spirit of the LORD is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, ¹⁹and that the time of the LORD's favor has come."

1. Good news: You don't have to stay the way you are!

a. Painful emotions/destructive thinking patterns – you can go free!

2. God promises that whoever wants to have a new future – they can!

a. **Isaiah 43:19** ¹⁹See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland. Context: their nation decimated. Nothing there. God: new thing... desert: in places it should not be good, I can make a way. You can have a new future.

b. **1 Chronicles 4:10** ¹⁰Jabez cried out to the God of Israel, "Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain." And God granted his request.

B. We need a supernatural healing from the past

1. Rejection does damage inside – rejection has painful emotions attached to it

a. I can't talk you out of pain: **You need a supernatural miracle of healing!**

1. **Luke 4:18** "The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; **He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed;**

a. Actively rejected/never received the love/approval you needed: You can be healed!

2. **Genesis 41:51** ⁵¹Joseph called the name of the firstborn Manasseh (forgetting): "For God has made me forget all my toil and all my father's house."

a. Manasseh = Forgetting: It doesn't hurt anymore! Past pain is simply information
Joseph is not saying I don't remember: when someone is healed, past pain becomes information. People who talk about pain... tears, hurts the heart, etc.

b. Parable of Good Samaritan: Poured in oil & wine; Healing where he was hurting

1. Oil was a symbol of the Holy Spirit: God can apply the Holy Spirit to your broken heart!

a. **Psalms 147:3** He heals the brokenhearted And binds up their wounds.

c. **Isaiah 53:3-5** He is despised and rejected by men, A Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him. ⁴ Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. ⁵ But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

Substitution. Because he was rejected, he can help us. Salvation: forgives sin. Heals. Body/heart.

2. Healing involves a supernatural deliverance

a. Lesson from Jesus healing in the NT: Sometimes what is affecting you is demonic/from hell!

1. **Matthew 8:16** ¹⁶That evening people brought to Jesus many who had demons. Jesus spoke and the demons left them, and he healed all the sick.

b. Rejection is partly demonic: Tormenting spirits of fear/shame/paranoia – fear of rejection

1. **Luke 9:1** ¹Jesus called the twelve apostles together and gave them power and authority over all demons and the ability to heal sicknesses.

a. You don't have to live that way anymore: **You have the power to cast those spirits out!**

II. PARTICIPATING IN YOUR OWN RESCUE

A. We must forgive those who rejected us

1. When people hurt us by rejecting us – it is very normal to feel anger

a. Why would you treat me like that? Why wouldn't you give me what I needed? Not fair!

2. But sometimes people hold on to past offenses: Resentment or bitterness

a. **Hebrews 12:15 NLT** ...Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.

Rejection: root... but they are still holding on. Often: still fighting with people.

1. Rejected people often are still fighting with those who rejected them: *Taking it out on people today*
2. Rejected people often are still trying to prove things to those who rejected them
3. As long as you hold on to anger/resentment – they continue to have power over your life.

a. **Matthew 18:34-35 NCV** ³⁴The master was very angry and put the servant in prison to be punished until he could pay everything he owed. ³⁵“This king did what my heavenly Father will do to you if you do not forgive your brother or sister from your heart.”

1. The one who failed to repay him – now has the power keep him in prison
- b. How long will you allow people from your past to ruin your life/relationships/relationship with God?
 1. Get a calendar/pick a date...let it go; Another 5 years? That’s not just foolish – it’s sick!
4. So the only logical answer is to forgive: **To release the debt** *They owe me love/owe me my childhood...*

a. **Ephesians 4:32** Be kind and loving to each other, and forgive each other just as God forgave you in Christ.

1. Forgive: I am not the judge; My part is to let it go – God’s part is to heal

You will not have a miracle of healing unless you let it go.

5. Forgiveness allows God to do a miracle in us – and for us

a. **Mark 11:24-25** ²⁴I tell you, you can pray for anything, and if you believe that you’ve received it, it will be yours. ²⁵But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too.”

B. We need to reject rejection

1. Jesus didn’t agree with the Jews or the Romans opinion of Him

a. **Luke 23:3** ³Then Pilate asked Him, saying, “Are You the King of the Jews?” He answered him and said, “It is as you say.”

2. In our lives we have received opinions of rejection/worth – from people, or from hell

a. We accept that opinion as true – we accept that feeling as normal

1. Accepting these block us from hearing the truth – block God’s blessing

3. We need to break agreement with rejection: Rejecting lies of who we are NOT

a. **Numbers 30:3, 5** ³“Or if a woman makes a vow to the LORD, and binds herself by some agreement while in her father’s house in her youth, ⁵But if her father overrules her on the day that he hears, then none of her vows nor her agreements by which she has bound herself shall stand; and the LORD will release her, because her father overruled her.

1. Get specific: *Those words spoken to me – I reject them! I break that curse*
2. Those feelings: *That’s not normal – it’s from hell!*

Now: we can ask God to heal the inside.